

COLWINSTON NEWS

SEPTEMBER 2025

NUMBER 287

DATES FOR YOUR DIARY

Dear Reader

I hope you've all had a lovely summer's break.

Congratulations to everyone who sat exams this year and every best wish for your future plans. Good luck too to those who are starting new schools, university or jobs - go smash it!

WOW - what an amazing summer of events in the Village. We've had the fete and its associated events, the dog show and of course the amazing Colly4Cancer fundraisers.

Thank you to all of the various teams that work so hard to make these events happen - that's what makes Colwinston such an amazing community.

September 6th	Colwinston Cinema, 7.30pm for 8pm, Village Hall.
September 7th	Craft and Produce Show.
September 8th	Hive meeting, Village Hall 8pm.
September 10th	Panto read through, Sycamore Tree Inn 7pm.
September 13th	Golden Wedding celebration, Sycamore Tree Inn 7pm.
September 14th	Colwinston's On Yer Bike, Llandow Race Track.
September 15th	Community Council meeting 7pm, Village Hall.
September 20th	CLIC, Village Hall, 10am-2pm.
September 21st	Pub Quiz, Sycamore Tree Inn 7pm.
October 1st	Colwinston Philosophical Society 8pm, Village Hall.
October 18th	CLIC, Village Hall, 10am-2pm.
October 18th	Colwinston Cinema, 7.30pm for 8pm, Village Hall.
October 31st	Halloween party, Village Hall.
November 7th	Fireworks display, Village Hall.
November 15th	CLIC, Village Hall, 10am-2pm.
November 29th	Colwinston Cinema, 7.30pm

Colwinston Dog Show

Thank you to all the supporters of the Dog Show. Although it was touch and go as the heat wave conditions were a challenge, we took advantage of the shade from the trees for contestants to sit and judging took place in the village hall. There was a very positive response to all the classes.

Our super judge Angharad who works for Guide Dogs for the Blind Cymru, commented on the impeccable behaviour of the dogs.

Our thanks go to Watts and Morgan for their sponsorship to help cover the cost of the rosettes. Over **£900** was raised which goes towards the restoration work needed for St Michael's Church.

COLWINSTON CRICKET CLUB

Wick Cricket Club Vs Colwinston Cricket Club (C.C.C) 23rd July 2025

The season was approaching the end, and after a hard-fought win vs Wick a few weeks prior, Wick invited Colwinston down to their stomping ground looking for revenge in a Vale of Glamorgan Derby. After winning the toss, Colwinston Captain **R. Morgan** chose his team to field first. **O. Piper** was first to bowl against M Williams. Piper fired a few good balls in after his usual half a mile run up. M. Williams replied with several singles and a couple of boundaries to retire on 26. Veteran **Byron Davies** showed his class by bowling very well, against J. Cole and C. Dixon, however both players still managed to get their eye in and retired for 25 runs each. **I. Foxall** was next to bowl and bowl well he did, only conceding 11 runs across his two overs. **R. Cole** put in a fielding masterclass with his first catch of the season to get C. Day out for no runs. R. Milne got Wick back in the game though striking numerous boundaries and eventually attaining 26 runs before retiring. S. Morgan and R. Cole each put in a good shift bowling, with S. Morgan getting a wicket on only his second ball. O Thomas and K. Thomas both struggled against the Colwinston bowlers, with both only striking a handful of runs before O. Thomas was caught by **B. Horton**. **A. Finucane** and **BE. Horton** were the final pair to bowl, both struggled to keep the batting tally down, with **A. Finucane** conceding 27 runs and **B. Horton** conceding 19 runs. After the first innings Wick had 176 runs after 20 overs. Colwinston were next up to bowl, **R. Morgan** went with what he calls specialist batsman **M. Davies** who was paired with **R. James**. **M Davies** didn't quite live up to his reputation, only hitting eight runs across five overs. Whilst his batting partner struck 28 before retiring. The next pairs did not fare well at all, with **A. Finucane** getting a single run before being caught by R. Milne. **S. Thomas** only hit seven. The less said about **B. Horton** the better, zero runs and bowled by S. Stratten. Colwinston began to struggle badly, they needed a change in luck, and this did arrive with **R. Morgan** smacking three fours and a six to eventually retire on 25 runs. **O. Piper** broke that good trend with a dismal two runs, bowled by Wick talisman K. Thomas. **I. Foxall** had a man of the match worthy performance easily reaching 25 runs along with his batting partner **R. Cole**. **S. Morgan** and **B. Davies** made the final pairing, **S. Morgan** managed to hit seven singles, whilst **Byron** faced a single ball and managed to hold his own and see the game out. Colwinston had 148 runs after 20 overs. Wick proved themselves to be worthy winners on home soil and were cheered off to the home supporters (of three people). Thank you to those who played and watched.

M. Davies

C.C.C Press and Publicity Officer.



COLWINSTON CINEMA

Colwinston Cinema is back for the Autumn season with three cracking films.

On Saturday 6 September it is **The Penguin Lessons** with Steve Coogan.

Inspired by the true story of a disillusioned Englishman who went to work in a school in Argentina in 1976. Expecting an easy ride, Tom discovers a divided nation and a class of unteachable students. However, after he rescues a penguin from an oil-slicked beach, his life is turned upside-down.

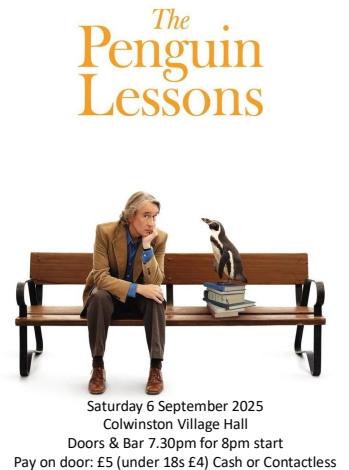
On Saturday 18 October it is **The Ballad of Wallis Island**.

This is a must see movie, tipped for one of the best films for 2025. An eccentric Lottery winner who lives alone on a remote island off Pembrokeshire tries to make his fantasies come true by getting his favourite musicians to perform at his home.

On Saturday 29 November it is **Mr Burton**.

Another film with a strong Welsh theme, the story of the wild school boy Rich Jenkins, son of a boozy miner and an English teacher called Philip Burton, who recognised his talent.

Admission has been kept at £5 (£4 for under 18s) and films start at 8pm in the Village Hall. The doors and bar open at 7.30pm. Payment is by cash or contactless and there is no need to book, just come along and have a great evening's entertainment without having to get in the car.



PUB NEWS

The next quiz is a week later than normal and will be Sunday **September 21st at 7pm**. All proceeds will be in aid of Velindre Cancer Care.



We're beyond excited to be hosting a very special celebration – my mum & dad's **Golden Wedding Anniversary** in the pub on **Saturday 13th September from 7pm!** Everyone is welcome to join us for this unforgettable evening, with live entertainment from a fantastic **Neil Diamond Tribute Act**.

I couldn't be prouder to celebrate here – as the **4th generation of my family** to live in the village, there's no better place for such a special occasion.

Come along, raise a glass, and let's make it a night to remember!

CRAFT AND PRODUCE SHOW

Saturday 6th September, Colwinston Village Hall.

Open for entries 10.00am-12.00 noon with entries £1 for Adults, 50p for Children. All proceeds go towards St Michael's Church Restoration Fund.

Entries to be delivered to the Village Hall between **10.00-12.00** and open to viewing from 2.30pm. Refreshments and cakes on sale and a raffle will be held. Cash payment only please.

Award presentation 3.30pm. **One entry per class.**

SECTION A - FLOWERS Class 1 A single flower Class 2 Arrangement in an item of crockery Class 3 A container of Bee Friendly Flowers Class 4 A display only using greenery Class 5 Young people 11 and under A miniature garden on a plate	SECTION D - PRESERVES Class 1 1 Pot of Strawberry Jam Class 2 1 Pot of Fruit Jam Class 3 1 Pot of Chutney Class 4 1 Pot of Orange Marmalade Class 5 1 Pot of Lemon Curd
SECTION B - VEGETABLES Class 1 4 Tomatoes Class 2 4 Runner Beans Class 3 2 Onions Class 4 Selection of 4 vegetables Class 5 Selection of 3 Herbs	SECTION E - PHOTOGRAPHY IN COLOUR OR BLACK AND WHITE Theme: My favourite..... Class 1 ...View Class 2. ...Holiday Memory, for under 16's Class 3 Open Class. A close up of your Pet
SECTION C - BAKING Class 1 Victoria sponge, raspberry jam filling Class 2. 5 Welsh cakes Class 3 A loaf of bread Class 4 Lemon drizzle cake cooked in a loaf tin For young people Class 5 4 Hand decorated biscuits. Judged on presentation Class 6 4 Cup Cakes on a plate	SECTION F Class 1 Knitted item Class 2 Crochet item Class 3 Wood Creation Class 4 Item made from Fabric Class 5 A picture /wall hanging any medium.
	SECTION G - FOR YOUNG PERSONS Class 1 5yrs and under. A picture of yourself in any medium. Class 2 6 to 11yrs Using Lego, construct an imaginary animal and give it a name Class 3 Open to all ages. On A4 paper a drawing of a Super Hero

Colwinston Players – Panto January 2026

It's that time of year again (oh no it isn't!!) when our thoughts turn to the panto season. We are delighted to announce that the 2026 Colwinston Players pantomime will be the classic tale of **Red Riding Hood**.

We are always looking for new faces to join us, whether you fancy acting or helping in some other way.

If you're interested, please come along to the Sycamore Tree on **Wednesday 10th September at 7pm** when we will be reading through the new script.

We'd love you to be part of this great village tradition!

For more info contact Paddy Sheppard – email:
patricksheppard56@gmail.com



Colwinston Philosophical Society

We will be starting our autumn programme on **Wednesday October 1st, at 8.00 in the Village Hall**. The speaker will be the distinguished Welsh journalist and broadcaster **Geraint Talfan Davies**, a long-standing trustee and chairman of many Welsh civic and cultural organisations. Among these, he was Controller of BBC Wales, Chair of the Arts Council of Wales, and twice Chairman of the Welsh National Opera.

His topic for this talk will be **'The valleys and the coast - one place or two?'**

Everyone is welcome – no need to book in advance. We have no members, officers, or funds, and there is no admission fee (except that when we meet in the Village Hall we propose a voluntary £1 donation towards Village Hall funds). Most of our talks are not strictly philosophical and cover a wide range of subjects. We are now in our twenty-fourth year. Please come along. It is likely that the bar will be open.

More information from andrewmaclehose@hotmail.com

CLIC

Our CLIC members had a very successful day at the recent Vale Show.

Nine of our items members entered a total of nineteen items over eight classes in the Craft Section. We were delighted to be awarded fourteen prizes between us. Everyone who entered got an award. Our very talented **Joan Hughes** won the overall Craft Section Plate!

Six 1st prizes
Six 2nd prizes
Two 3rd prizes

The group continues to support The Cariat Blanket Project, delivering over 20 blankets so far this year and another delivery will be made later this year.

Next meetings for 2025

20th September

18th October

15th November

Everyone welcome. 10am till 2pm. Bring some lunch. Tea coffee and cake provided. £5 to cover hall hire costs.



COLWINSTON HIVE

On Monday 14th July The Hive were treated to a talk by one of our own members Sian Hooper. Sian had recently returned from a trip sailing across the atlantic from the Caribbean to the UK. With details of what went into the planning, photographs and charts, it proved to be an excellent evening. We all hugely admire Sian, but not many of us were volunteering to join her on her next trip!

Our August meeting was held on Monday 11th August when we were joined by Chris and Donna Graves from Microacres Wales. They told us about the very successful, award winning family business growing micro greens, and edible flowers. It all began when Donna won a competition and the prize was a microgreen growing kit! With Chris having recently being diagnosed with a rare neurological condition, and wishing to improve their diet Microacres was born. They have gone on to win numerous awards and have been featured on the BBC. They both still have full time 'proper jobs' although Chris especially is keen to retire - A truly inspirational couple. We were then able to purchase some of their microgreens - delicious! They are members of Cowbridge Farmers' Market and regularly have a stall at the market.



Our September meeting is on **Monday 8th September at 7.00 pm** in the Village Hall. We will be having a talk by David Crompton about the Cardiff Barrage.

Do come along to one of our meetings, they are always fun and informative and there is always tea and cake!

Golf 3 Club Challenge

On Monday 30th June and 28 golfers took on the challenge of the Bridgend Golf 9 Hole Course, armed only with 3 clubs and their childish optimism. Our thanks must go to Huw Lougher and his team for their generosity in hosting the event again. The weather was kind and the course was in fine condition reflecting the efforts of the greenkeepers.

Back to the Sycamore afterwards for the prize giving , and our congratulations to all the winners.

Men –

1 st and Overall Champion Golfer	Logan Bibb
2 nd	Brian Bibb
Joint 3 rd	Ross Wigley and Alan Carr
Highly Commended	Roy Stokes and Ben Horton
Only 2 of the day	Rory James

Ladies –

1 st	Karen Stokes
2 nd	Chris Griffiths
3 rd	Sarah Evans

Juniors –

Best Under 14	Jake Bates
Best Under 13	Arther Horton
Best Under 12	Toby Bates

All the proceeds were donated to the Village Hall funds.

A big thank you to all the players for making it such a successful and fun day.

Geoff Bates

COLWINSTON FETE RAFFLE WINNERS

£100 gift voucher	Christine Cave (donated to Colly4cancer)
Holiday voucher	Liz Hill
Chocolates and prosecco	Huw Thomas
Food hamper	Josh Edwards
Flower Tub	Linda Howells
Clay and craft vouchers	Sue Mackinnon
Wine Hamper	Mai Davies
Chocolates	Sarah Evans
Dog shampoo set	Anna Sheppard
Cowslip Hamper	Ed Lewis
Free Hall rental	Rhian Cleaver
Farmers Market voucher	Jo Frost

COLWINSTON VILLAGE FETE

A big thank you to everyone you helped and supported the fete in July too numerous to name here! Although the weather gods were against us on the actual day of the fete, the Fete week events enjoyed some hot sunny days. Many people took part in the fun events running up to the day so a big thanks to you all. Here are the people or teams who made the hall of fame!

Scavenger Hunt	1 st place	Jack and Jess Davis
	2 nd place	Sue Mackinnon
	3 rd place	Girlye Pops

Kathryn's famous quiz at the Sycamore

We only have team names but you know who you are!

1 st place	Pointless
2 nd place	Six in the City
3 rd place	Three and a half musketeers

Poems and Pints winners -a great turnout!

Children's	Ilze Theron	Recital	Jan Egan
Limerick	Thelma Lougher	Serious	Deb Fisher
Humorous	Jo Frost	Self-penned	Alan Carr

Overall winner and **Bard of Colwinston** is **Jan Egan**

Fete Day parade

Thank you to everyone who braved the elements to join in with the parade! There were some great entries spanning many TV years. The winners were:

Best Float	100 years of TV - St David's CIW school
Highly commended	Mash - Colin, Linda and Sue
Best walking entry	Hi di Hi! - Colwinston Players
Highly Commended	Del Boy – Deb Fisher

Fete Day

We had a great turn out on the day with many people enjoying the various stalls, children's entertainment and food and drink despite the rain! A big thank you for your continued support. The funds go to improving the Village Hall and enable us to put on social events throughout the year.

COLWINSTON COMMUNITY COUNCIL- Cyngor Cymuned Tregolwyn

Shortly before the summer break Vice Chairman, Councillor Huw Thomas, presented the annual report for 2024/25. The full document can be found on the Community Council website and is summarised here, along with the date of our upcoming September meeting.

Annual Report 2024/25

:: **Chairman's Foreword**

The Community Council has invested funds throughout the year to improve and maintain the areas of the village within its ownership. Little Hill has benefited from a reconstruction of the steps at a cost of around £5,000, and once again it is a safe pathway linking Church Lane to the Sycamore Tree. The Old Ford area is being developed in partnership with the Old Ford Project Group and circa £10,000 has been committed to that work by the Community Council. During the year, ownership of the Village Green was obtained and the War Memorial has been cleaned and newly engraved at a cost of around £2,500. Additionally the area known as Spinney Bank has been maintained, and the path leading from Church Lane to Twyn Yr Eglwys cleared of debris and made safe to use. Thanks to the persistence of Councillor Lewis, the balance of Section 106 monies from the Redrow development were used to replace the benches outside school and on the village green, and to purchase a bench for the Old Ford area. Additionally, the bench from the village green was relocated to the Old Ford. Councillor Lewis was successful in registering the woodlands area of the Old Ford Project as part of the National Forest of Wales.

A number of villagers brought issues of concern to the Community Council that were successfully resolved.

The Boundary Commission's recommendation that our Council and Llangan Council be merged in May 2027 has been confirmed by the Welsh Government. No further details are known.

The Community Council works hard to ensure that Colwinston remains a wonderful environment for all villagers and grateful thanks are due to everyone who works on behalf of the village in so many capacities. *Councillor Gareth Jones, Chairman of Colwinston Community Council.*

:: **Vale of Glamorgan Councillor**

Councillor Christine Cave has been the elected County Councillor covering Colwinston since 2017. During 2024-25 she continued to support CCC in their interactions with the Vale of Glamorgan council. She has supported the opposition boundary changes and mergers of community councils, and has backed the conservation projects in the village and matters raised by residents. She regularly attends the CC meetings and can be contacted by email on cacave@valeofglamorgan.gov.uk

::: **Internal Audit 2024/25**

The Internal Audit of the Council has been conducted by Mr Robin Charlton, who said CCC's record-keeping was 'excellent' and that all payments were 'correctly accounted for'. Mr Charlton's comments can be viewed in full on the CCC website.

Financial Information

2024/25

Balance brought forward from 2023/24 **£10,784**

Income

Profit **£19,861**

Other income eg. grants **£192**

£20,054

Expenditure

Running costs **£4,402**

Other payments **£23,337**

£27,739

Surplus/Deficit

£3,099

COLWINSTON COMMUNITY COUNCIL- Cyngor Cymuned Tregolwyn

Activities and Projects

:: Village Green and War Memorial

This year, Colwinston Community Council's ownership of the Village Green was confirmed after the tireless work of Councillor Ed Lewis to correct the official record. Work was undertaken to clean the war memorial on the Village Green, and to replace the engraved plaque. The refreshed memorial was prepared in time for the village to commemorate 80 years since VE Day.

:: Boundary Changes

Confirmation was received that our Council will be merged with others nearby, reducing our representation from seven to three members on the new body when it is established in 2027.

:: Old Ford Project

Councillors have continued to support the Old Ford Project Group in their work to revitalise this important and beautiful area to the south of the village. A significant proportion of the council's income is spent annually on this work. The woodland now offers a safe and welcoming environment for visitors, with school children and conservation volunteers among those regularly enjoying the surroundings. Tree inspection and controlled felling continues to be necessary in parts of the woodland, which ensures the area remains safe and vibrant. The area is set to be enhanced with the planting of bluebells, while a new bridge now crosses the stream to the west of the ford.

:: Supporting Village Life

The council continues to work hard in the interests of Colwinston and its residents. Maintenance work around the area was funded by the council, including the cutting of grass verges and clearing paths. New steps were installed on Little Hill, while the Council gladly funds the purchase of Christmas trees every December for the Village Green and the churchyard. The annual remembrance service was organised by the council and held at the memorial on the Village Green, led by the Reverend Angela Cooper. Wreaths were laid by local organisations in memory of those who have died, while Colwinston's status as a Thankful Village was remembered by recalling the men who survived the First World War and returned to the community.

Next meeting

Our next meeting is on **Monday 15th September 2025 at 7pm in the Village Hall**, while the dates of future meetings can always be found on our website.

PETS OF THE MONTH

This is **Ollie**, our 9 month old Labradoodle. He's very friendly but likes to think he's a lap dog and is yet to realise his size. His favourite things are playing with his best friend Dougal and swimming!!



Bert and Bea: Life in the Apple Orchard

In a quiet corner of the garden, beneath the dappled shade of apple trees, live two very contented rabbits: Bert and Bea. At three years old, they have turned this little patch of orchard into their own kingdom, complete with two burrows they've proudly dug themselves.

Bert, a rescued lion-head rabbit with his scruffy mane and inquisitive eyes, is the self-appointed lookout. Often, he can be spotted sitting upright on his back legs like a sentinel, curiously watching walkers pass by or cocking his ears towards the hum of conversation drifting from the nearby pub garden. His nosiness is matched only by his charm, and it's clear he takes great pride in keeping tabs on the world beyond the orchard fence.

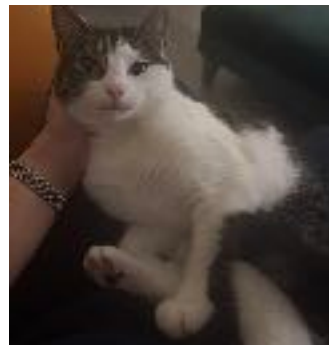
Bea, his companion, is a sleek black and brown rex rabbit, her velvet-soft fur and gentle manner making her the more elegant half of the pair. She enjoys the good life, exploring the garden with Bert before retreating to their burrows for a snooze or a nibble of apple bark. Together, they are inseparable, always side by side.

Their days are happily filled with feasting. Kale and sweetcorn top the menu, along with crunchy apples and a sprinkle of muesli and as a treat, a slice of juicy watermelon..

Free-ranging and full of character, Bert and Bea have made their orchard home into a rabbit paradise – a place of digging, grazing, watching, and living life exactly as two nosy, happy bunnies should.



This is a picture of our lovely **Dotty Cat**. She is three years old and came home with us from the rescue centre when she was two. We are so glad that Dotty is our cat, she is friendly, she never scratches us and is a little love bug. If you see her on your travels, she would always appreciate a tummy rub! By **Milo, Kit and Max**.



Rasper, Linda and Ethel would like to thank the Colly4cancer team for the wonderful afternoon at the 'Ladies Day at Ascot'.

Rasper says ' the bookies didn't beat me'!!

Congratulations to **Lottie Sant** aged 8 who has won the colouring competition from the July newsletter.

It's a shame that the newsletter isn't in colour for you to admire her handiwork!

Well done Lottie



Is Sports Massage Therapy for me?

The simple answer is "yes", everyone can benefit from Sports Massage Therapy. The name can be off putting, misleading, it is quite simply a massage technique that allows your body to work efficiently. We all want to be active and live a long and healthy life. For us to have the best chance of this happening we need to look after ourselves. So, whether you want to be able to run a 10k, carry heavy shopping bags, walk around the village or simply do some gardening, Sports Massage Therapy can help you.

Please contact me if you have any questions. As a former professional dancer, qualified chartered physiotherapist and now a fully trained Sports Massage Therapist, I have a unique understanding of the human body, ensuring you will be in very safe hands.

Email: theplacesportsmassagetherapy@gmail.com

Mobile: 07803003491

Thank you to all contributors, the editing team Sue and Dale and Julie for the printing. All are welcome to contribute to the next newsletter, which will be delivered on **1st October 2025**. The closing date for submissions is **September 20th 2025**. Contributions can be submitted to colwinstonnews@gmail.com.

Should you wish to no longer receive a paper copy of the newsletter, please send your address on an email to colwinstonnews@gmail.com. The newsletter will no longer be sent by email or be published on Facebook. You can find an electronic version on the Village website <http://www.colwinston.info/>

Should you wish to raise any concerns about the newsletter please contact the Village Hall Committee.

The Colwinston Community Council has kindly agreed to contribute to the printing costs for this newsletter. We are very grateful for their kind support.